



A mini-guide into the world of Human Pet Play



What is *Human Pup Play*?

Human Pup Play is when a person takes on the role of a puppy or dog. Others may also take the role of a handler, trainer, Sir/Ma'am, and many other assorted roles.

It's not necessarily a sexual play, for some it might be, for others it a release of the animal part of them.

It's not is bestiality: real animals are not involved.

For many, human pup play is not humiliation but rather enjoyable, relaxing, and often empowering. A pup is the center of attention, care and love. A very intimate and special bond can be found between pup and their handler, trainer, other pups, Sir/Ma'am, etc.

What are the roles in puppy play?

This is not an exhaustive list of the roles in puppy play, nor does everyone fall into just one category; but the most common terminology you might hear is:

Pups

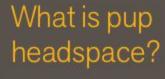
...are more about the canine headspace to tap into their inner pup. Physical aspects can come into it as well.

Handlers

...are anyone the takes care of a pup. The one holding the leash, playing and taking care of their pup.

Trainers

...train the pups to behave and do tricks. Trainers and Handlers may overlap.





Headspace is a mental state you put on when you are doing puppy play. Dogs live in the moment, they do not think about the past or future. They act on instinct rather than rationality. Dogs are pack animals and seek attention from the other members of the pack. They may look to other dogs for leadership and guidance, and will assert their own if they do not find it. Maintaining headspace is about putting aside human thoughts and desires and thinking instead about a pup's thoughts and desires.

What is needed for puppy play?

For most, puppy play is primarily a headspace. It is about a pup mentality, where your world consists mainly of what's within four feet of the ground. Puppy play is affordable and can be done without gear.

That said, there is some gear that helps maintain headspace.



All are welcome to play

Puppies are not limited by gender or orientation. Most groups are welcoming of pups and handlers from all walks of life. There is no 'one-size-fits all'. Don't let your body-type hold you back either. You'll discover pups of all shapes, sizes, and genders to play with.

How do I get started as a pup?



Get on all fours and start barking!

It is not always easy for a pup to get started with their puppy headspace. All pups are different, so what works for one may not work for others. The most useful thing may be to try and think like a dog thinks.

When you see a ball, you want to chase it. When someone gives you a treat, you wag your tail (wagging your butt is acceptable, and not to mention cute!). Human speech doesn't mean much to you, except maybe "good boy/ girl." There are very little worries when you are a pup.

You do not necessarily have to be on all fours to be in pup headspace. Many pups can achieve headspace even when they are at work, in the car, or at the store. It is about keeping a carefree, joyful mentality. And growling at the occasional squirrel.

How do I get started as a Handler?



For the most part, when you are handling your pup, treat them how you would a biological puppy. Pet them, play with them, tell them they're a good pup. There is no thing greater than having the joy and love you give your pup reflected back to you from a wagging tail and a lick on the cheek. Some of the best guides for training are regular-old puppy training guides you get from the pet shop. Make sure your pup tries to use their puppy mentality and not human (humans learn tricks too fast). Do keep in mind however that your human puppy is not the same as a biological one and cannot do all of the same things their 'bio' counterparts can.

About the K9 Unit

The San Francisco K9 Unit is a social organization for people who enjoy puppy play. We provide an outlet for pups to explore their animal side—romping, sniffing, licking and even sometimes getting into mischief—while in their human canine headspace. Whether they are pups, dogs, hounds, wolves or other creatures, we encourage our members to explore the world of puppy play.

We also provide Masters, Handlers, Trainers, Owners and Puppy Sitters an opportunity to meet others who are interested in finding, training or potentially collaring a human pup of their own.

For more information about the SF K9 Unit visit:

www.sfk9.org



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